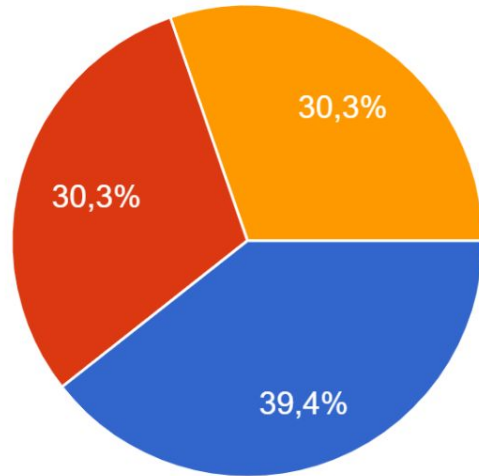


"The Challenge to a Healthy Life" Readiness Survey

Do you know about the Turkish education system?

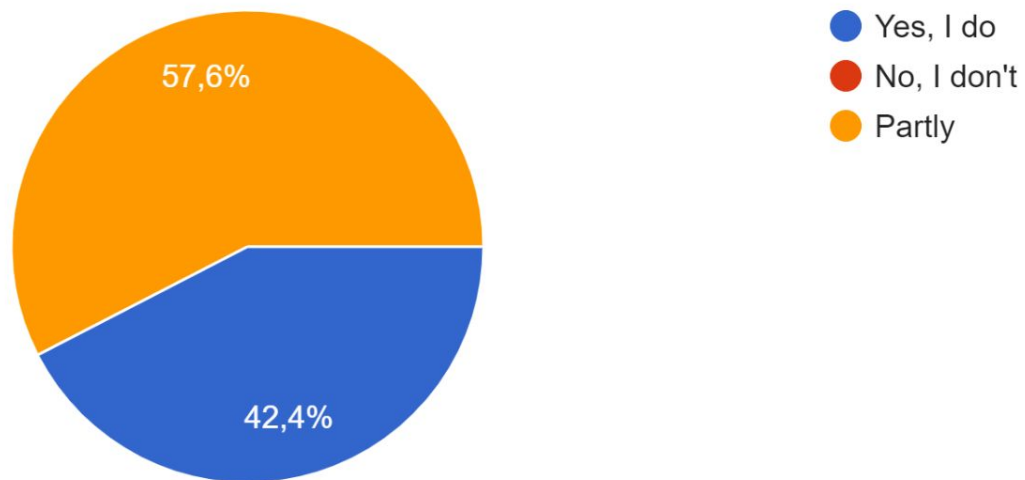
33 yanıt



- Yes, I do
- No, I don't
- Partly

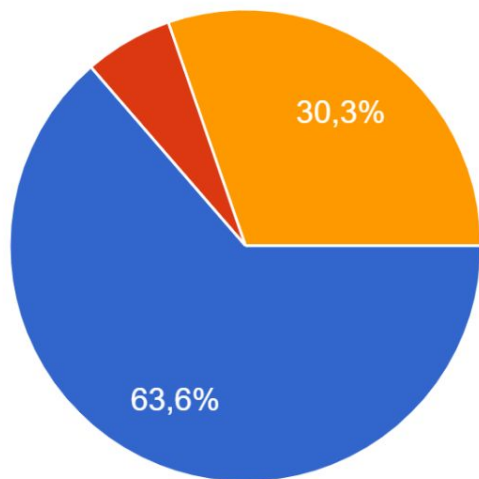
Do you know about the traditions and customs of Turkish culture?

33 yanit



Do you know about the cuisine of Turkish culture?

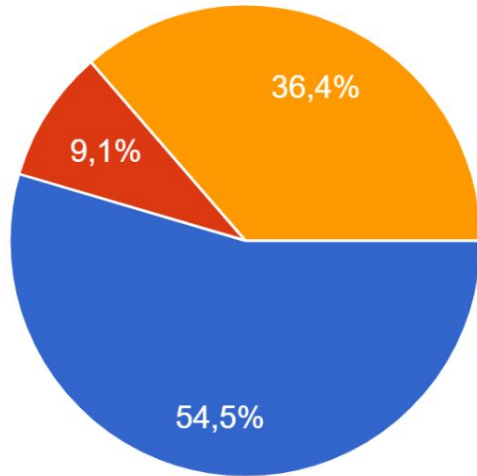
33 yanıt



- Yes, I do
- No, I don't
- Partly

Do you exercise regularly?

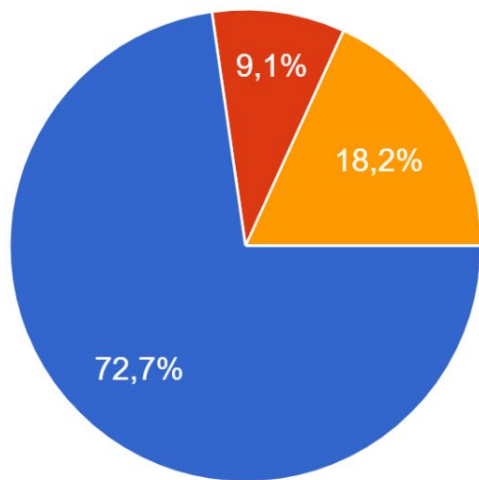
33 yanıt



- Yes, I do
- No, I don't
- Partly

Do you have your meals regularly?

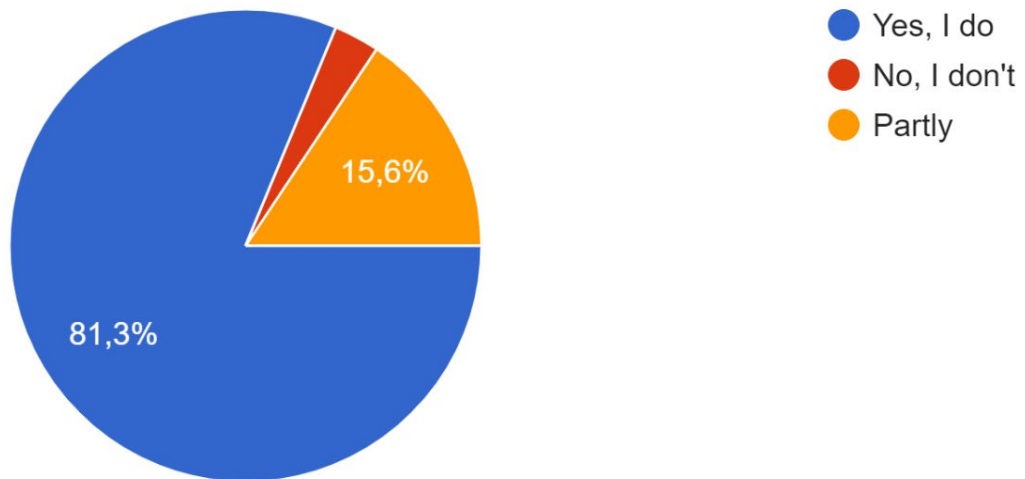
33 yanıt



- Yes, I do
- No, I don't
- Partly

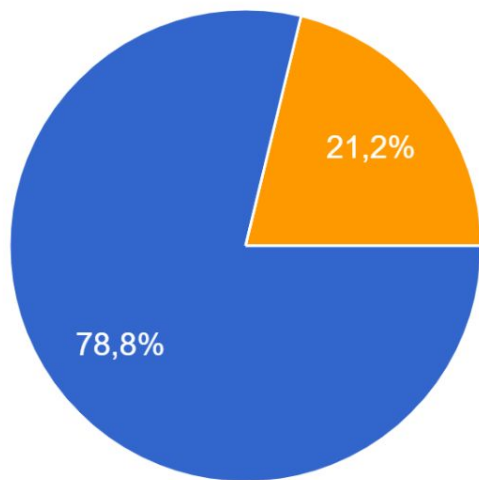
Do you follow the news about healthy eating?

32 yanıt



Do you have enough information about healthy eating?

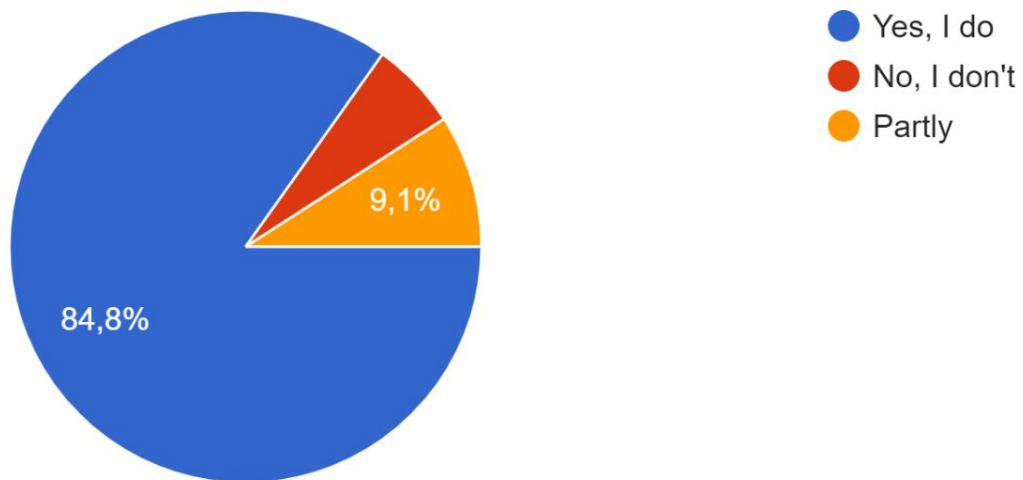
33 yanıt



- Yes, I do
- No, I don't
- Partly

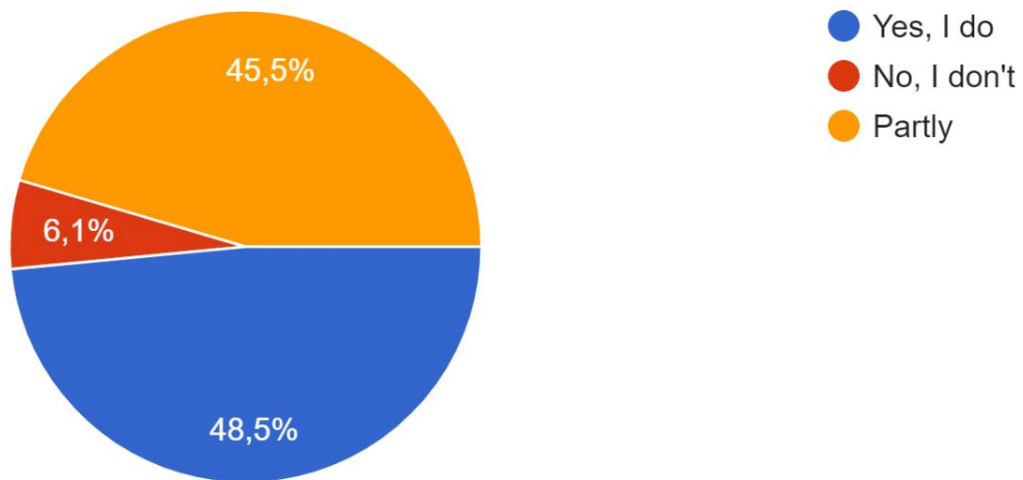
Do you have enough information about the effect of exercise on healthy living?

33 yanıt



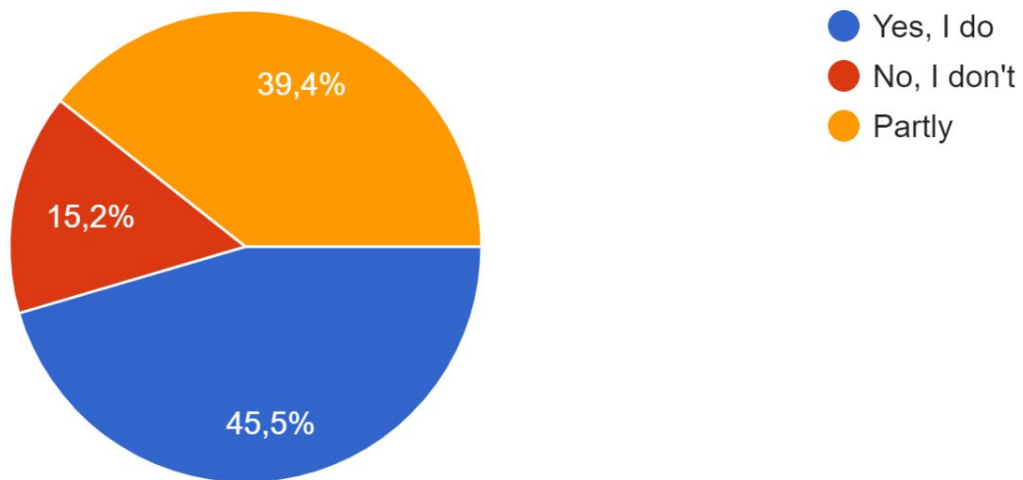
Do you have time to plan and schedule your work?

33 yanıt



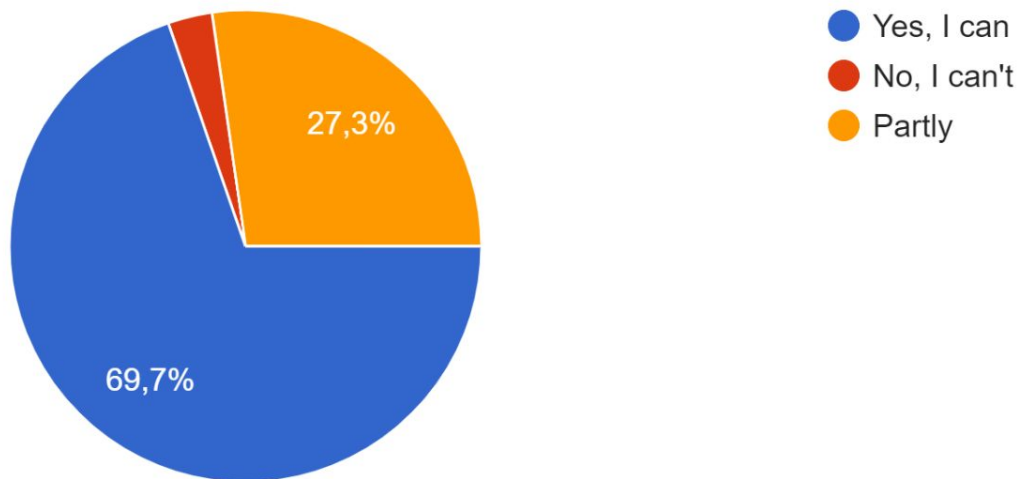
Do you have enough information about time management?

33 yanıt



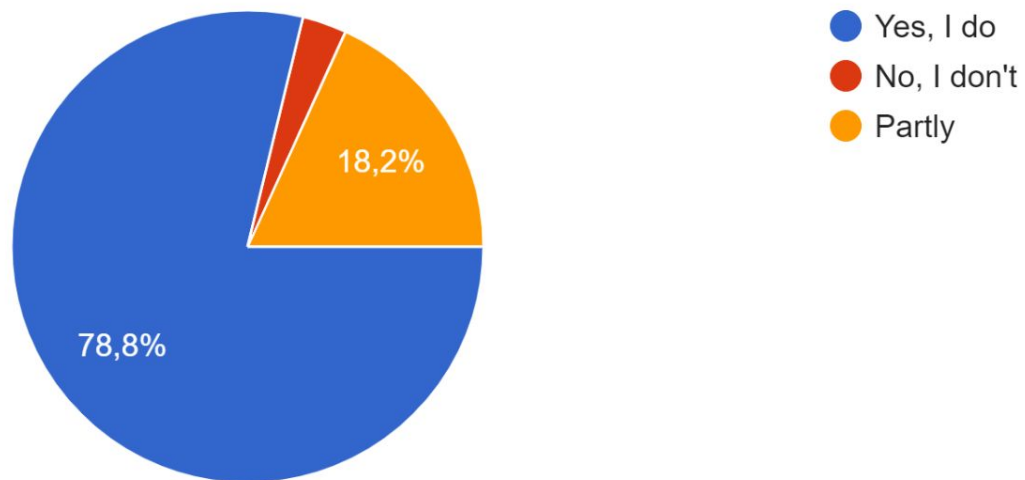
Can you spend enough time on your personal development (books, courses, education, projects) to progress in your work and be more useful to your students?

33 yanıt



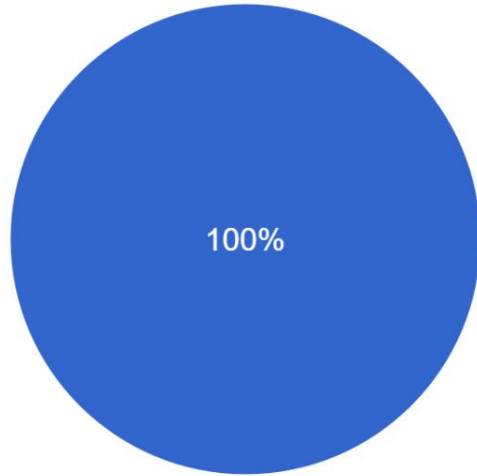
Do you have significant autonomy in determining how to do your job?

33 yanıt



Do you believe that the trainings and activities we will do within the project, will be useful when performing your work?

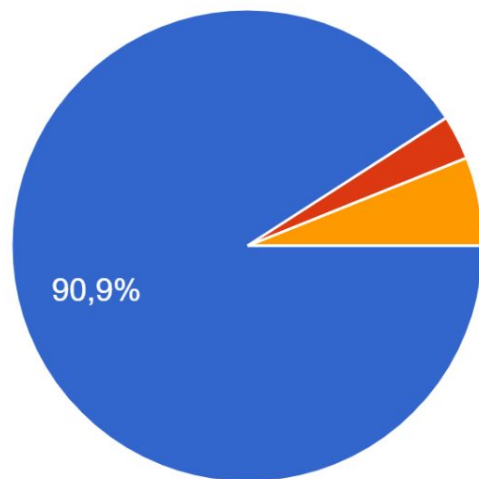
33 yanıt



- Yes, I do
- No, I don't
- Partly

Are you qualified to coach students?

33 yanıt



- Yes, I am
- No, I am not
- Partly

Do you believe that you will lead students more usefully and efficiently with the trainings you will receive in coaching within the scope of the Project?

33 yanıt

